



PARKINSON'S DISEASE: BEYOND THE BASICS

Local Parkinson's organization, Parkinson Support and Wellness, provides information and support for recently diagnosed patients through the program "The Basics of Parkinson's," but where do you go next?

Beyond the Basics is a short-term group experience designed to offer information and support to those new to the challenges of Parkinson's.

The group will meet online on three upcoming Saturdays
March 27, April 17 and April 24 at 2 – 3pm.

Questions addressed will include:

- ✓ What do I need to know next?
- ✓ How do I get more information?
- ✓ How do I get connected to other resources?
- ✓ What can a support group do for me?

This program is for people living with Parkinson's *and/or* their care partners.

For more information or to register,
contact Elizabeth Grover at
lovettgrover@gmail.com or 513-379-1196
OR the Parkinson Support & Wellness office
at 513-558-0113
or info@parkinsoncincinnati.org.